



Talking Points for National Prevention Week 2018

ACTION TODAY. HEALTHIER TOMORROW.

MAY 13-19, 2018

- National Prevention Week is an annual health observance sponsored by the Substance Abuse and Mental Health Services Administration, also known by its acronym, SAMHSA (SAM-suh).
- The purpose of this observance is to educate people about increasing the prevention of substance use and promotion of mental health.
- Organizations and communities across the country plan activities each year to raise awareness about these important issues.
- This year's NPW theme: "Action Today. Healthier Tomorrow.", reminds us that simple, daily acts of prevention, like helping a friend make positive choices or supporting a family member in need, can lead to healthier lives for each of us today, and stronger, happier communities, tomorrow.

You can get involved in National Prevention Week by:

- Planning an educational event in your community and sharing your event details with other groups on the [NPW Community Events](#) page.
- Participating in the 2018 National Prevention Week Challenge – visit the [Prevention Challenge](#) page to learn more.
- Using social media to inform others about the observance.

For more information about National Prevention Week, visit

<http://www.samhsa.gov/prevention-week>.

Hosting a National Prevention Week event?

[Submit details about your event](#) for a chance to be featured on SAMHSA's website.